

## **Buliding Blocks for Sensory Integration**

## Live Webinar • April 23 - 24, 2021

#### **Course Summary**

This two-day, online, course provides therapists with an understanding of the developmental and neuro-physiological links between sensory integration and the basic primary movement patterns (primitive and postural reflexes) that provide the foundation (or building blocks) for sensory modulation and integration.

Beginning with support of the primitive reflexes, we will explore the development of posture and its relationship to self-regulation along with visual and auditory function. This course will allow participants to use their clinical observations for the clients who are often difficult to test using standard measures. Video examples will highlight treatment strategies that can be implemented with and without therapy equipment, making them appropriate for all clinical settings.

A range of intervention strategies designed to support functional performance will be presented, and participants will leave with a systematic way to assess, document and treat the movement challenges that arise from the lack of effective sensory motor integration.

#### **Course Objectives**

Upon completion of the course, participants will be able to:

- Recognize the link between reflex integration, postural development, sensory modulation & behaviorlal challenges.
- Identify primitive and postural reflex development; and its impact on daily function.
- Choose simple, yet powerful, strategies for integration across multiple environments.



"I have found this to be the most beneficial continuing education course I have ever attended! I was a bit nervous about attending virtually but I don't feel that anything has been lost compared with a live presentation. The information is all appropriate to the topic and my profession and will be immediately applicable to my population. Sheila is a fantastic presenter and has done a wonderful job explaining each concept for thorough understanding. So many "ah-ha!" moments today!"

--Jamie S., OT



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#### Instructor

Sheila M. Frick; OTR/L, is an internationally esteemed clinician, lecturer and pioneer in Occupational Therapy. She has over 20 years of clinical experience, having worked in psychiatry, rehabilitation and home health before specializing in pediatrics. Her expertise includes sensory processing dysfunction, sensory integration and auditory interventions. She created and continues to expand Therapeutic Listening<sup>®</sup>, which she has taught to over 10,000 therapists worldwide. She also lectures on such topics as clinical neurology, respiration, the vestibular/auditory system, and various auditory interventions. She is the creator and author of Listening with the Whole Body, and co-author of Core Concepts in Action, Astronaut Training, and Out of the Mouths of Babes.



#### Disclosure:

*Financial* - president of Therapeutic Resources, Inc. of which Vital Links is a subsidiary. *Non-financial* - married to Ronald Frick, president of Vital Sounds, Inc.

#### Disclaimer:

Some of the music selections (Quickshifts) and therapy balls that are used in the Building Blocks course are developed & sold only by Vital Sounds, Inc. This presentation will focus exclusively on Quickshifts & will not include detailed information on other binaural beat technology. Vital Sounds is a sister company of Vital links.

#### **Course Materials**

Each participant is asked to have a yoga mat & gym ball (fits you to sit at 90/90) available during the course's online labs. Registrants will receive an email within a week of the course containing instructions on how to access the webinar & printable course materials, such as, the PowerPoint handouts.

#### **Continuing Education Units**



This course offers 12.5 contact hours or 1.25 AOTA CEUs. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinial procedures.

Vital Links is approved by the American Occupational Therapy Association (AOTA) as a provider of continuing education.

Level: Introductory

Target Audience: Occupational Therapy

**Completion Requirements:** Full Attendance, Participation, Test **Classification Code:** Client Factors, Performance Skills, Intervention



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Friday,	April 23, 2021		Saturday,	April 24, 2021	Times line	
8:30	Check-In Begins		8:30	Check-In Begins	Times listed are in Central Tin	
9:00	Announcements & Introductions		9:00	Announcements & Introd	ductions (CDT/CST)	
9:10	Historical Perspective & Current Thinking Regarding		9:05	Primary Movement Patte		
	Reflex Integration Programs		40.00	Tactile Proprioceptive Pr	ocessing	
10:00	Primary Movement Patterns & their relation to Sensory	Processing	10:30	Short Break	0 the six and attions to Dontone 0 Dolone	
44.00	& Sensory Integrative Dysfunction		10:40	•	erns & their relation to Posture & Balance	
11:00	Short Break		12:25 1:05	Extended Break Lab – Assessment & Tre	atment Activities	
11:10	Lab – Assessment & Treatment Activities		2:05		roblem Solving, Questions	
12:25 1:05	Extended Break Primary Movement Patterns Related to		3:05	Short Break	Tobletti Solving, Questions	
1.03	Vestibular-Auditory-Visual Function		3:15		roblem Solving, Questions	
2:50	Short Break		4:15	Test	obiem cerving, Queenene	
3:00	Lab - Assessment & Treatment Activities		4:45	End of Course		
4:15	End of Day One					
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Cancellations requesting a full refund must be in writing and received by Vital Links two weeks prior to the course; refund will not be granted after that date. Approved refunds will be issued after the final course date (minus \$50 processing fee). Cancellation requests may transfer full credit towards another Vital Links course if notification is received in writing at least 7 business days prior to the start date. Vital Links reserves the right to cancel any course with due cause and refund in full. There are basic computer/device requirements for Vital Links online and on-demand courses. Vital Links is not responsible for device compatibility issues, and it is each participant's responsibility to ensure their device is compatible with the noted platform and services.

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