

Live Webinar • January 15-16, 2021

Course Summary

Listening plays a vital role in the sensory integration process. In fact, some believe that the auditory system is the 'missing link' in sensory integration modalities. Both research* and clinical experience have shown that using sound-based interventions for clients with sensory processing difficulties can increase treatment effectiveness.

In this newly revised course, you will learn to use Therapeutic Listening® modulated audio selections (available on CDs, digital music players and some mobile devices) to create individualized, home-based programs for clients. This course will provide a strong emphasis on practical application and explore the use of *Therapeutic Listening* within the context of multiple case studies. You will also learn how to implement *Therapeutic Listening* strategies in conjunction with postural, respiratory, and sensory activities. This live, online course will take you through all of the steps; from assessment to outcomes, for creating complete *Therapeutic Listening* programs. Video case presentations will be used to illustrate points and show changes in individuals with listening and other sensory processing difficulties, including Autism, Cerebral Palsy, apraxia, anxiety, and Down's Syndrome. The online format of this course will consist of a live webcam feed of the presenter, and shared PowerPoint and video. Participants will be able to ask questions or make comments verbally via microphone or typed into a chat feature during the live webinar.



This course will be especially meaningful for professionals who have a background in sensory integration, including practitioners in schools, hospitals, and private clinics. Participants will gain the necessary background information to begin using *Therapeutic Listening* right away. The specialized headphones and digital music players or music albums required for *Therapeutic Listening* are available for purchase upon course completion.

*Hall, L. & Case-Smith, J. (2007). The effect of sound-based intervention on children with sensory processing disorders and visual-motor delays. *American Journal of Occupational Therapy*, 61(2), 209-215.

Course Objectives

Upon completion of the course, participants will be able to:

- Identify the relationship between listening and sensory integration.
- Recognize individuals with sensory processing and listening difficulties who may respond well to *Therapeutic Listening*.
- Select *Therapeutic Listening* programs that are adapted to meet specific needs of individual clients.
- Recognize the role of postural, respiratory, and sensory strategies that are part of the *Therapeutic Listening* program.

Who can Benefit from Therapeutic Listening®?

Therapeutic Listening, coupled with sensory integrative treatment, tends to speed the emergence of:

- | | |
|--------------------------|-------------------------------|
| • Attention | • Praxis |
| • Organized Behavior | • Fine Motor Control |
| • Self-Regulation | • Oral Motor/Articulation |
| • Postural Control | • Social Skills/Communication |
| • Bilateral Coordination | • Visual Motor Integration |

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Instructors

Sheila M. Frick; OTR/L, is an internationally esteemed clinician, lecturer and pioneer in Occupational Therapy.



She has over 20 years of clinical experience, having worked in psychiatry, rehabilitation and home health before specializing in pediatrics. Her expertise includes sensory processing dysfunction, sensory integration and auditory interventions. She created and continues to expand *Therapeutic Listening*, which she has taught to over 15,000 therapists worldwide. She also lectures on such topics as clinical neurology, respiration, the vestibular/auditory system, and auditory interventions. She is the author of *Listening with the Whole Body*, and co-author of *Core Concepts in Action*, *Astronaut Training*, and *Out of the Mouths of Babies*.

Disclosure:

Financial - president of Therapeutic Resources, Inc. of which Vital Links is a subsidiary. Co-author of the *Listening with the Whole Body* book discussed in the course and receives royalty payment.

Non-financial - married to Ronald Frick, president of Vital Sounds, Inc.

Tracy Bjorling; M.S., OTR/L is a pediatric OT currently pursuing a Doctor of Occupational Therapy degree through



the University of Wisconsin-Madison. Tracy has had the wonderful opportunity of being mentored by Sheila M. Frick in her clinic. Working in conjunction with Sheila, Tracy has had multiple opportunities to explore the use of *Therapeutic Listening* and *Quickshifts* with a wide variety of clients and diagnoses. As a member of the Vital Links clinical support team, Tracy has also had the privilege of accompanying and supporting Sheila, and other Vital Links speakers, at numerous workshops around the world. Tracy has received additional training in *Astronaut Training*, *Interactive Metronome* and *DIR/Floortime*®.

Disclosure:

Financial - employee of Therapeutic Resources, Inc. of which Vital Links is a subsidiary.

Non-financial - no relevant non-financial relationships exist.

Disclaimer:

Some of the music selections (Modulated) discussed in the *Therapeutic Listening* course are developed & sold only by Vital Sounds, Inc. This presentation will focus exclusively on *Therapeutic Listening* albums & will not include detailed information on other listening programs. Vital Sounds is a sister company of Vital links.

Course Materials

Each registrant will receive an email within a week of the course containing instructions on how to access the webinar & printable course materials, such as, the PowerPoint handouts.

Continuing Education Units



Approved Provider

This course offers 12.5 contact hours or 1.25 AOTA CEUs. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures.

Vital Links is approved by the American Occupational Therapy Association (AOTA) as a provider of continuing education.

Level: Introductory

Target Audience: Occupational Therapy

Completion Requirements: Full Attendance, Participation, Test

Classification Code: Client Factors, Performance Skills, Intervention

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Friday, January 15, 2021

- 8:30 Check-In Begins
- 9:00 Announcements & Introductions
- 9:10 What is Listening?
- 9:45 Current Research
- 11:00 Short Break
- 11:10 Anatomical Structures & Neurological Considerations
- 12:25 Extended Break
- 1:05 Anatomy & Neurology (*continued*); Listening as a SI Process
- 2:05 Programming with *Therapeutic Listening*
- 2:50 Short Break
- 3:00 Understanding the Elements of Music as Clinical Tools
- 4:15 End of Day One

Saturday, January 16, 2021

- 8:30 Check-In Begins
- 9:00 Announcements & Introductions
- 9:05 Descriptions & Clinical Use of Available Music Selections
- 11:00 Short Break
- 11:10 Descriptions & Clinical Use of Available Music Selections (*continued*)
- 12:25 Extended Break
- 1:05 Assessment Tools
- 1:50 Clinical Case Studies & Problem Solving
- 3:05 Short Break
- 3:15 Clinical Case Studies & Problem Solving (*continued*)
- 3:45 Core Activation & Development
- 4:15 Test
- 4:45 End of Course

Times listed are in Central Time (CDT/CST)

Register Today!



ONLINE at www.vitallinks.com

MAIL check payment to:

Vital Links
6613 Seybold Rd.; Ste. D
Madison, WI 53719

Registration Fee:

- \$365 Registration fee*
- \$49 *Clinical Concepts & Treatment Guidelines for Therapeutic Listening* (\$59 regular price when purchased separate from course registration)
- Add \$15 processing fee for purchase order without payment
- Add \$50.95 shipping fee for registrations outside the U.S.

***Group Discount:** Take an additional discount of \$20 per registrant for groups of 3 or more enrolling simultaneously

Participant Name (to appear on certificate/CEU documentation) - PLEASE PRINT

Mailing Address

City State Zip Code Email Address

Mobile Phone # Home Phone # Work Phone #

Profession:

- Occupational Therapy Physical Therapy
- Speech/Language Other _____

How did you first hear about this course?

Payment Method:

- Check or Money Order payable to **Vital Links**, or
- VISA MasterCard Discover Amex

Credit/Debit Card #

Exp. Date CVV/CVC #

Name on Card (Print) Billing Zip Code

Signature

Cancellation Policy

Cancellations requesting a full refund must be in writing and received by Vital Links two weeks prior to the course; refund will not be granted after that date. Approved refunds will be issued after the final course date (minus \$50 processing fee). Cancellation requests may transfer full credit towards another Vital Links course if notification is received in writing at least 7 business days prior to the start date. Vital Links reserves the right to cancel any course with due cause and refund in full. There are basic computer/device requirements for Vital Links online and on-demand courses. Vital Links is not responsible for device compatibility issues, and it is each participant's responsibility to ensure their device is compatible with the noted platform and services.

Accessibility Policy

In compliance with the Americans with Disabilities Act, Vital Links will make every effort to honor requests for reasonable accommodations made by individuals with disabilities, including but not limited to written transcripts, multiple viewing attempts, and increased amount of time to complete training activities. It is a priority for Vital Links to ensure participation in all courses and activities for all individuals. Vital Links is committed to ensuring non-discrimination and to resolving any complaints related to a disability in a prompt and equitable manner.