

San Diego, CA • March 16-17, 2019

Course Summary

Listening plays a vital role in the sensory integration process. In fact, some believe that the auditory system is the ‘missing link’ in sensory integration modalities. Both research* and clinical experience have shown that using sound-based interventions for clients with sensory processing difficulties can increase treatment effectiveness.

In this newly revised workshop, you will learn to use Therapeutic Listening® modulated audio selections (available on CDs, digital music players and some mobile devices) to create individualized, home-based programs for clients. This course will provide a strong emphasis on practical application and explore the use of *Therapeutic Listening* within the context of multiple case studies. You will also learn how to implement *Therapeutic Listening* strategies in conjunction with postural, respiratory, and sensory activities. This course will take you through all of the steps; from assessment to outcomes, for creating complete *Therapeutic Listening* programs. Video case presentations will be used to illustrate points and show changes in individuals with listening and other sensory processing difficulties, including Autism, Cerebral Palsy, apraxia, anxiety, and Down’s Syndrome.



This workshop will be especially meaningful for professionals who have a background in sensory integration, including practitioners in schools, hospitals, and private clinics. Participants will gain the necessary background information to begin using *Therapeutic Listening* right away. The specialized headphones and digital music players or music albums required for *Therapeutic Listening* are available for purchase upon course completion.

*Hall, L. & Case-Smith, J. (2007). The effect of sound-based intervention on children with sensory processing disorders and visual-motor delays. *American Journal of Occupational Therapy*, 61(2), 209-215.

Who can Benefit from Therapeutic Listening®?

Therapeutic Listening, coupled with sensory integrative treatment, tends to speed the emergence of:

- Attention
- Organized Behavior
- Self-Regulation
- Postural Control
- Bilateral Coordination
- Praxis
- Fine Motor Control
- Oral Motor/Articulation
- Social Skills/Communication
- Visual Motor Integration

Course Location

O.T. Etc., Inc.

8344 Clairemont Mesa Blvd.; Suite 110

San Diego, CA 921110

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Instructor

Sheila M. Frick; OTR/L, is an internationally esteemed clinician, lecturer and pioneer in Occupational Therapy. She has over 20 years of clinical experience, having worked in psychiatry, rehabilitation and home health before specializing in pediatrics. Her expertise includes sensory processing dysfunction, sensory integration and auditory interventions. She created and continues to expand *Therapeutic Listening*, which she has taught to over 10,000 therapists worldwide. She also lectures on such topics as clinical neurology, respiration, the vestibular/auditory system, and various auditory interventions. She is the creator and author of *Listening with the Whole Body*, and co-author of *Core Concepts in Action*, *Astronaut Training*, and *Out of the Mouths of Babies*.



Disclosure:

Financial - president of Therapeutic Resources, Inc. of which Vital Links is a subsidiary.
Non-financial - married to Ronald Frick, president of Vital Sounds, Inc.

Disclaimer:

Some of the music selections and books that are discussed in the *Listening with the Whole Body* course are developed & sold only by Vital Sounds, Inc. This presentation will focus exclusively on *Therapeutic Listening* & will not include detailed information on other modulated music technology. Vital Sounds is a sister company of Vital links.

Course Objectives

Upon completion of the course, participants will be able to:

- Describe the relationship between listening and sensory integration.
- Identify individuals with sensory processing and listening difficulties who may respond well to *Therapeutic Listening*.
- Create *Therapeutic Listening* programs that are adapted to meet specific needs of individual clients.
- Demonstrate understanding of the role of postural, respiratory, and sensory strategies that are part of the *Therapeutic Listening* program.

Continuing Education Units



APPROVED PROVIDER of CONTINUING EDUCATION
 by The American Occupational Therapy Association, Inc.

This course offers 13.0 contact hours or 1.3 AOTA CEUs. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures.

Vital Links is approved by the American Occupational Therapy Association (AOTA) as a provider of continuing education.

Level: Introductory

Target Audience: Occupational Therapy

Completion Requirements: Full Attendance & Participation

Classification Code: Client Factors, Performance Skills, Intervention



Vital Links Division of Therapeutic Resources is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

ASHA CE Provider:

This course is offered for 1.3 ASHA CEUs (Introductory Level, Professional Area)

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Saturday, March 16, 2019

- 8:15 Check-In Begins
- 8:30 What is Listening?
- 9:15 Current Research
- 10:30 Short AM Break
- 10:45 Anatomical Structures & Neurological Considerations
- 12:00 Lunch Break *(on your own)*
- 1:00 Anatomy & Neurology *(continued)*
- 1:20 Listening as a SI Process & Sound as a Tool
- 2:00 Programming with *Therapeutic Listening*
- 2:45 Short PM Break
- 3:00 Understanding the Elements of Music as Clinical Tools
- 4:15 Introduction to *Therapeutic Listening* Music Selections
- 4:30 End of Day One

Sunday, March 17, 2019

- 8:15 Check-In Begins
- 8:30 Descriptions & Clinical Use of Available Music Selections
- 10:30 Short AM Break
- 10:45 Descriptions & Clinical Use of Available Music Selections *(continued)*
- 12:00 Lunch Break *(on your own)*
- 1:00 Assessment Tools & Measuring Outcomes
- 1:45 Clinical Case Studies & Problem Solving
- 3:00 Short PM Break
- 3:15 Core Activation & Development
- 4:30 End of Course

Register Today!

-  ONLINE at www.vitallinks.com
-  TOLL-FREE FAX 866-636-9720
-  MAIL this form and payment to:
 Vital Links
 6613 Seybold Rd.; Ste. D
 Madison, WI 53719

Registration Fee:

- \$470 Early Bird Registration fee if by January 16th*
- \$495 Standard Registration fee if after January 16th*
- Add \$15 processing fee for purchase order without payment

*Registration fee includes *Clinical Concepts & Treatment Guidelines for Therapeutic Listening® Handbook* (\$59 value)

*Take an additional discount of \$25 per registrant for groups of 3 or more individuals enrolling simultaneously

Participant Name (to appear on certificate/CEU documentation) - PLEASE PRINT

Mailing Address

City State Zip Code Email Address

Mobile Phone # Home Phone # Work Phone #

Profession:

- Occupational Therapy Physical Therapy
- Speech/Language Other _____

How did you first hear about this course?

Payment Method:

- Check or Money Order payable to **Vital Links**, or
- VISA MasterCard Discover Amex

Credit/Debit Card # _____

Exp. Date _____ CVV/CVC # _____

Name on Card (Print) _____

Signature _____

Cancellation Policy

Cancellations requesting a full refund must be in writing and received by Vital Links two weeks prior to the course; refund will not be granted after that date. Approved refunds will be issued after the final course date (minus \$50 processing fee). Cancellation requests may transfer full credit towards another Vital Links course if notification is received in writing at least 7 business days prior to the start date. Vital Links reserves the right to cancel any course with due cause and refund in full. Registrant bears sole responsibility for transportation to course. Participants purchasing non-refund-able airfare tickets are encouraged to inquire as to course availability before final purchase. Weather or transportation difficulties are not the responsibility of Vital Links, and failure of a chosen means of transportation is not grounds for registration fee refund when course is held.

Accessibility Policy

In compliance with the Americans with Disabilities Act, Vital Links will make every effort to honor requests for reasonable accommodations made by individuals with disabilities, including but not limited to written transcripts, multiple viewing attempts, and increased amount of time to complete training activities. It is a priority for Vital Links to ensure participation in all courses and activities for all individuals. Vital Links is committed to ensuring non-discrimination and to resolving any complaints related to a disability in a prompt and equitable manner.