

## Buliding Blocks for Sensory Integration

Online • June 23-24, 2019

### Course Summary

This two-day, online, course provides therapists with an understanding of the developmental and neuro-physiological links between sensory integration and the basic primary movement patterns (primitive and postural reflexes) that provide the foundation (or building blocks) for sensory modulation and integration.

Beginning with support of the primitive reflexes, we will explore the development of posture and its relationship to self-regulation along with visual and auditory function. This course will allow participants to use their clinical observations for the clients who are often difficult to test using standard measures. Video examples will highlight treatment strategies that can be implemented with and without therapy equipment, making them appropriate for all clinical settings.

A range of intervention strategies designed to support functional performance will be presented, and participants will leave with a systematic way to assess, document and treat the movement challenges that arise from the lack of effective sensory motor integration.

### Course Objectives

*Upon completion of the course, participants will be able to:*

- Recognize the link between reflex integration, postural development, sensory modulation & behavioral challenges.
- Identify primitive and postural reflex development; and its impact on daily function.
- Choose simple, yet powerful, strategies for integration across multiple environments.



### Continuing Education Units



**APPROVED PROVIDER of CONTINUING EDUCATION**  
by The American Occupational Therapy Association, Inc.

This course offers 12.5 contact hours or 1.25 AOTA CEUs. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures.

Vital Links is approved by the American Occupational Therapy Association (AOTA) as a provider of continuing education.

**Level:** Introductory

**Target Audience:** Occupational Therapy

**Completion Requirements:** Full Attendance, Participation, Test

**Classification Code:** Client Factors, Performance Skills, Intervention



**Vital Links Division of Therapeutic Resources** is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language

pathology and audiology. **See course information for number of ASHA CEUs, instructional level and content area.** ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

**ASHA CE Provider:**

This course is offered for 1.25 ASHA CEUs (Introductory Level, Professional Area)

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### Instructors

**Sheila M. Frick; OTR/L**, is an internationally esteemed clinician, lecturer and pioneer in Occupational Therapy. She has over 20 years of clinical experience, having worked in psychiatry, rehabilitation and home health before specializing in pediatrics. Her expertise includes sensory processing dysfunction, sensory integration and auditory interventions. She created and continues to expand Therapeutic Listening®, which she has taught to over 10,000 therapists worldwide. She also lectures on such topics as clinical neurology, respiration, the vestibular/auditory system, and various auditory interventions. She is the creator and author of Listening with the Whole Body, and co-author of Core Concepts in Action, Astronaut Training, and Out of the Mouths of Babies.



### Disclosure:

*Financial* - president of Therapeutic Resources, Inc. of which Vital Links is a subsidiary.

*Non-financial* - married to Ronald Frick, president of Vital Sounds, Inc.

**Tracy Bjorling; M.S., OTR/L** is a pediatric OT currently pursuing a Doctor of Occupational Therapy degree through the University of Wisconsin-Madison. Tracy has had the wonderful opportunity of being mentored by Sheila M. Frick in her clinic. Working in conjunction with Sheila, Tracy has had multiple opportunities to explore the use of Therapeutic Listening with a wide variety of clients and diagnoses. As a member of the Vital Links clinical support team, Tracy has also had the privilege of accompanying and supporting Sheila, and other Vital Links speakers, at numerous workshops all over the world. Tracy has received additional training in Astronaut Training, Interactive Metronome and DIR/Floortime®.



### Disclosure:

*Financial* - employee of Therapeutic Resources, Inc. of which Vital Links is a subsidiary.

*Non-financial* - no relevant non-financial relationships exist.

### Disclaimer:

Some of the music selections (Quickshifts) and therapy balls that are used in the Building Blocks course are developed & sold only by Vital Sounds, Inc. This presentation will focus exclusively on Quickshifts & will not include detailed information on other binaural beat technology. Vital Sounds is a sister company of Vital links.

### Course Materials

Each participant is asked to have a yoga mat & gym ball (fits you to sit at 90/90) available during the course's online labs. Registrants will receive an email within a week of the course containing instructions on how to access the webinar & printable course materials, such as, the PowerPoint handouts.

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*Times listed are in Central Time (CDT/CST)*




**Sunday, June 23, 2019**

- 8:30 Check-In Begins
- 9:00 Announcements & Introductions
- 9:10 Historical Perspective & Current Thinking Regarding Reflex Integration Programs
- 10:00 Primary Movement Patterns & their relation to Sensory Processing & Sensory Integrative Dysfunction
- 11:00 Short Break
- 11:10 Lab – Assessment & Treatment Activities
- 12:25 Extended Break
- 1:05 Primary Movement Patterns Related to Vestibular-Auditory-Visual Function
- 2:50 Short Break
- 3:00 Lab – Assessment & Treatment Activities
- 4:15 End of Day One

**Monday, June 24, 2019**

- 8:30 Check-In Begins
- 9:00 Announcements & Introductions
- 9:05 Primary Movement Patterns & their relation to Tactile Proprioceptive Processing
- 10:30 Short Break
- 10:40 Primary Movement Patterns & their relation to Posture & Balance
- 12:25 Extended Break
- 1:05 Lab – Assessment & Treatment Activities
- 2:05 Clinical Case Studies, Problem Solving, Questions
- 3:05 Short Break
- 3:15 Clinical Case Studies, Problem Solving, Questions
- 4:15 Test
- 4:45 End of Course

**Register Today!**

-  ONLINE at [www.vitallinks.com](http://www.vitallinks.com)
-  TOLL-FREE FAX 866-636-9720
-  MAIL this form and payment to:  
Vital Links  
6613 Seybold Rd.; Ste. D  
Madison, WI 53719

**Registration Fee:**

- \$395 Registration fee\*
  - Add \$15 processing fee for purchase order without payment
- Group Discount:** Take an additional discount of \$20 per registrant for groups of 3 or more enrolling simultaneously

Participant Name (to appear on certificate/CEU documentation)

Mailing Address

City State Zip Code Email Address

Personal Phone # Work Phone # Fax #

**Profession:**

- Occupational Therapy     Physical Therapy
- Speech/Language     Other \_\_\_\_\_

How did you first hear about this course?

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**Payment Method:**

- Check or Money Order payable to **Vital Links**, or
- VISA     MasterCard     Discover     Amex

Credit/Debit Card #

Exp. Date CVV/CVC #

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Signature

**Cancellation Policy**

Cancellations requesting a full refund must be in writing and received by Vital Links two weeks prior to the course; refund will not be granted after that date. Approved refunds will be issued after the final course date (minus \$50 processing fee). Cancellation requests may transfer full credit towards another Vital Links course if notification is received in writing at least 7 business days prior to the start date. Vital Links reserves the right to cancel any course with due cause and refund in full. There are basic computer/device requirements for Vital Links online and on-demand courses. Vital Links is not responsible for device compatibility issues, and it is each participant's responsibility to ensure their device is compatible with the noted platform and services.

**Accessibility Policy**

In compliance with the Americans with Disabilities Act, Vital Links will make every effort to honor requests for reasonable accommodations made by individuals with disabilities, including but not limited to written transcripts, multiple viewing attempts, and increased amount of time to complete training activities. It is a priority for Vital Links to ensure participation in all courses and activities for all individuals. Vital Links is committed to ensuring non-discrimination and to resolving any complaints related to a disability in a prompt and equitable manner.